

SYLLABUS

TEAM BUILDING FOR SUCCESS

EDMA 177

**Drake University
School of Education
Des Moines, Iowa**

1. Course Title: EDMA 177 Team Building For Success
Credit Hours: 1
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2. Course Description

This self-paced course is designed to assist coaches in developing strategies to foster teamwork. Course materials will help coaches to explore the importance and the benefits of team building and goal setting in team sports as well as provide them with resources to guide their own teams through these processes. Coaches will be challenged to evaluate their own individual communication and motivational skills by examining how some of the top professionals build effective and cohesive teams. Students taking this course will analyze some of the most successful systems and ideas that are currently being executed by many of the nation's most successful coaches.

3. Course Objectives

After completing this course, students will be able to:

- Identify ways to promote team building during early season, mid-season and off-season.
- Develop and practice strategies designed to improve team chemistry.
- Implement team building activities aligned with each of the four team building stages.
- Create an organized, detailed plan to help your team develop a sense of unity.
- Summarize the goal setting strategies of a successful coach.
- Compile a list of goals for you as a coach for the upcoming season.
- Describe your plan for teaching goal setting and providing feedback to your athletes.

4. Corresponding Content that will be Covered

Module One- Overview of Team Building
Module Two- Championship Team Building
Module Three- Team Building Activities

Module Four- Views and Insights on Team Building
Module Five- Overview of Goal Setting
Module Six- Coach's Guide to Goal Setting
Module Seven- Coach's Views and Insights on Goal Setting

5. Method of Evaluation/Grading Criteria

You are encouraged to follow this sequence in using course materials:

1. Read the instructions for each module in this Study Guide, noting the learning objectives and the related questions at the end of each module;
2. View the corresponding videos and read the assigned text readings, taking detailed notes on each presentation;
3. Respond to the corresponding presentation and application questions in the Study Guide. You must word process your answers.

Modules 1-7

Presentation responses

The first series of questions in each module are based on the readings and video presentations. At the beginning of each module you will find a listing of the readings and video presentations upon which the presentation response questions will be based. The questions will require you to demonstrate the knowledge gained through the readings and DVDs.

Application exercises

The second series of questions in each module are based on applying ideas to your specific coaching circumstances. These questions will require you to apply the knowledge obtained in each module to your personal experience as a coach and to your planning for a successful program.

Evaluation Criteria

Our graders assess your work based on your ability to thoughtfully reflect on the presentations of Team Building for Success and to apply those concepts to your specific needs and resources.

Points are awarded on your ability to:

- Respond with insight, clarity and precision (cite specific text/video passages)
- Respond in relevant illustrative detail (include specific, observable examples)
- Write competently at the graduate level (word-processed, proofread document)

6. Grading Scale

The seven modules for EDMA 177 Team Building for Success are worth a total of 338 points, based on your responses to the presentation responses and application exercises, for each of the seven modules. Point values are listed at the beginning of each exercise.

Your final letter grade corresponds with the following percentages of total points earned:

- A 90 – 100%
- B 80 - 89%
- C 70 - 79%
- D 60 - 69%
- F 59% and lower

7. Required Textbook

Janssen, Jeff. (2002). *Championship Team Building*. Cary, North Carolina: Winning the Mental Game.

8. Required Technology

For this video course, you will need access to a DVD player to view video presentations and a computer to word process all course assignments.

9. Accommodations for Students with Disabilities

If you have a disability and will require academic accommodations, please contact Chuck Sengstock (515-271-2184). Accommodations are coordinated through Student Disability Services. Michelle Laughlin, Director of Student Disability Services, may be contacted at (515) 271-1835 or michelle.laughlin@drake.edu.

10. Academic Honesty

The School of Education expects intellectual integrity on the part of undergraduate and graduate students who participate in professional preparation and enhancement programs offered by the School. As future practitioners, students of the Drake University School of Education must maintain high ethical standards and academic honesty. The complete Drake University School of Education Academic Honesty Policy may be found at:

http://www.drake.edu/media/collegesschools/soe/documents/soe_governance_%209222015.pdf